

SEP-A-RA-TORS

Your orthodontic treatment has begun and you will be passing through several stages of treatment in the coming months. The first stage is "separation" which started today. This was a short appointment and we trust the spacers were applied with ease. However, during the next few days, you might experience some discomfort as the teeth begin their initial movements. Please do not worry! The discomfort only lasts a short time.

During the next week or so, before your banding appointment one or two spacers may fall out on their own. Do not be alarmed by this; it simply means that sufficient space has been obtained for banding. We would prefer however, that the spacers remain between this appointment and your banding appointment. So try to leave the spacers in place even though they may feel very loose.

Please do not chew bubble gum or eat any sticky food (caramels etc.) or use dental floss between the teeth that are separated.

Throughout treatment every effort will be made to assure your comfort.

Good Luck!
